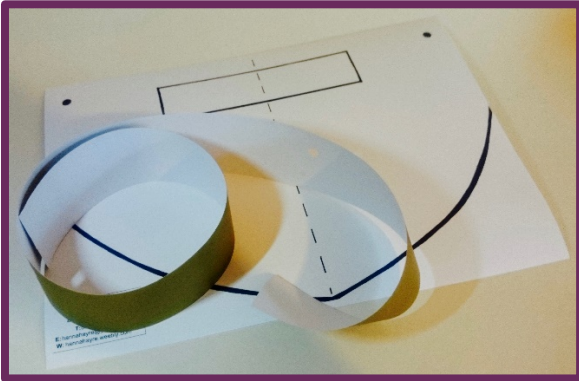
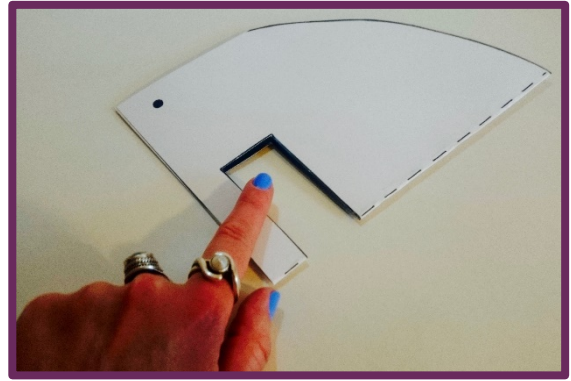


Make your own jousting helmet

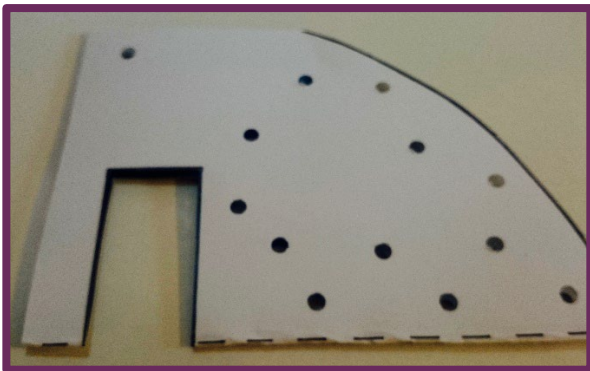
Recreate an important part of a knight's jousting tournament armour.



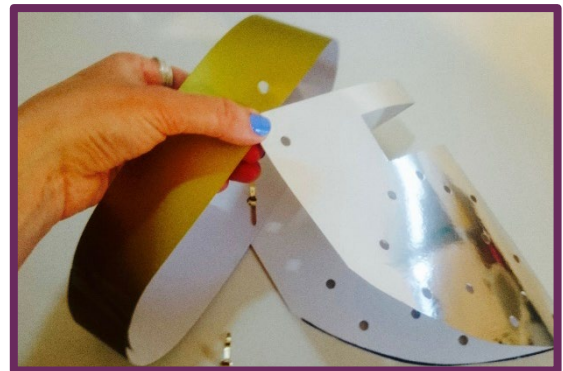
1. Draw a helmet shape onto A4 card – shiny card, thin tissue paper stuck to the back of a cereal box, anything goes!



2. Fold your card in half and cut out the rounded corners and the eye slot.



3. Make some breathing holes with a hole punch or by pushing a pencil through the card. (Put Blu Tack on the table and position the card over it so the pencil won't poke your table or your fingers!)



4. Measure one or more long strips of card to fit around your head and tape together. Then attach your visor to your head band using paper fasteners, staples or tape.

Decorate your helmet any way you like and wear it with pride.

We love seeing your #LearningWithHES creations – do share them with us online!

This activity was devised by artist Hannah Ayre. Find more activities at:
historicenvironment.scot/LearnAtHome

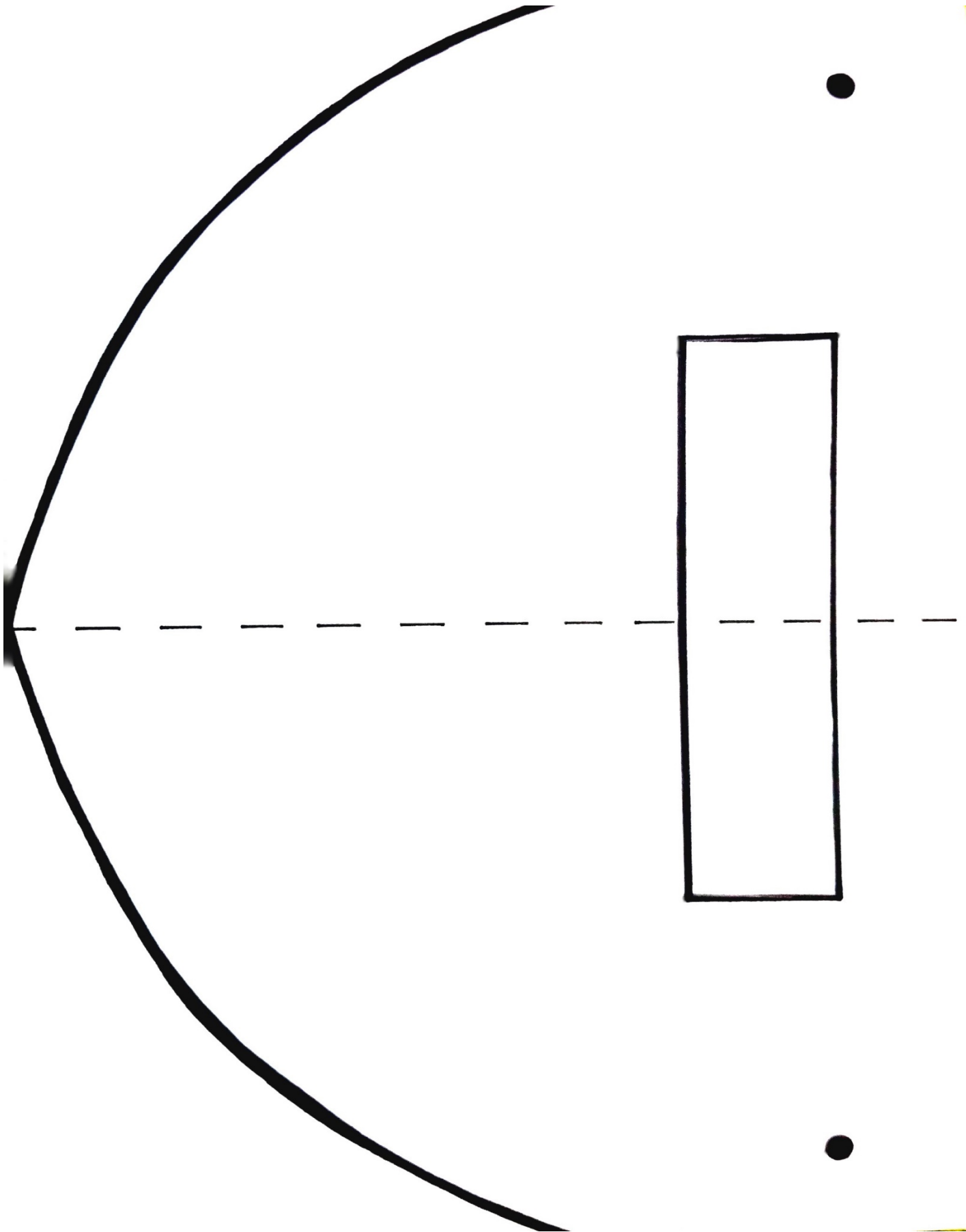


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Here's a template you could copy or print out. We've tried drawing helmets freehand in both portrait and landscape orientations - both seem to work!

After you've drawn your helmet, hold it up to your face to make sure you're happy with the shape before you cut it out.



Make your own shield

Shield decorations can be found all over Scotland's historic properties – pictured in stained glass windows and carved in stone.

The shape often forms part of a coat of arms, a design which represents a powerful person. These are called coats of arms because knights decorated the coats they wore on top of their armour with them, so you could tell who was who.



The Prestons of Craigmillar Castle chose a coat of arms that included a play on their name – under the shield there's a wine press and a tun (a kind of barrel).

Gordon Earls of Huntly coat of arms on the roof of the Great Hall, Edinburgh Castle.



This coat of arms carving at Dryburgh Abbey belonged to John Stewart.



Make your own shield

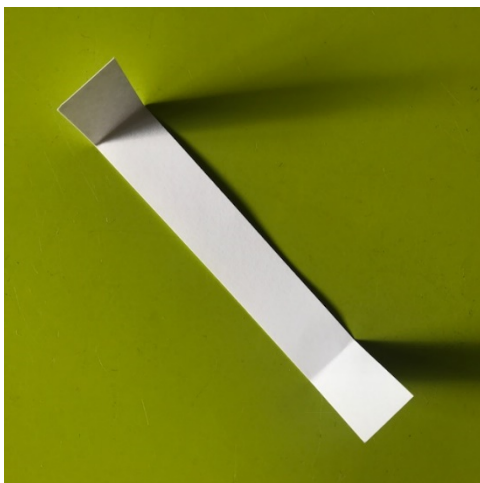
1. Draw a shield shape, ideally on a big piece of paper or on the inside of a cereal packet. (Or you can print the template on the next page.) Then cut it out.



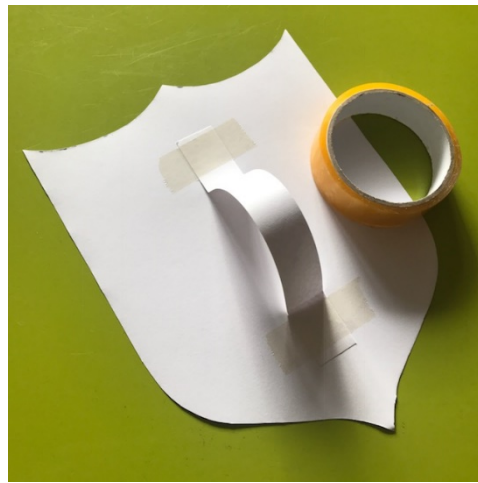
2. Decorate your shield with your choice of symbols, colours and animals. What do you think represents you and what you love best?



3. Take a strip of card or paper and bend the ends up.



4. Tape it to the back of your shield, allowing space for your arm.



Share your #LearningWithHES creations with us online!

